



Review Date: 12/11/2022

#41117 - Multigrain Ciabatta Sliced Sandwich Rolls-4 pk.

Nutrition Facts	
4 servings per container	
Serving size	1 Roll (85g)
Amount per serving	
Calories	220
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 43g	16%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 98mg	8%
Iron 2mg	10%
Potassium 123mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), WATER, RYE FLOUR, WHOLE WHEAT FLOUR, SESAME SEEDS, FLAX SEEDS, YEAST, LIGHT BROWN SUGAR, SALT, SUNFLOWER SEEDS, POPPY SEEDS, CULTURED CORN SYRUP (TO MAINTAIN FRESHNESS), CORN GRITS, RYE MEAL, CRACKED WHEAT, SUGAR, CRUSHED BARLEY, CRUSHED OATS, WHEAT BRAN, MILLET, SOYBEAN OIL, RYE MALT, MALTED BARLEY FLOUR, CRACKED BUCKWHEAT, RICE FLOUR, TRITICALE, SPICES, ENZYMES, ASCORBIC ACID, SEMOLINA.

CONTAINS: WHEAT, SESAME.

MANUFACTURED ON EQUIPMENT THAT PROCESSES MILK, EGGS, SOY.