Updated: 4/13/19



## #583 – 8 oz. Wheat Sub Roll

Serving size 1/2 Roll (96g)	
Amount per serving Calories	240
%1	Daily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 470mg	20%
Total Carbohydrate 48g	17%
Dietary Fiber 4g	14%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 1mcg	6%
Calcium 20mg	2%
Iron 3mg	15%
Potassium 157mg	4%

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), WATER, YEAST, WHEAT BRAN, SALT, WHEAT GLUTEN, SUGAR, SOYBEAN OIL, DOUGH CONDITIONERS (DATEM, ASCORBIC ACID, ENZYMES, L-CYSTEINE), RYE FLOUR.

CONTAINS: WHEAT.