



#83913 – Savory Garlic Knots - 3 count

Nutrition Facts	
servings per container	
Serving size	1 Roll (37g)
Amount per serving	
Calories	120
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	6%
Potassium 36mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: KNOT ROLL: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), WATER, SUGAR, YEAST, SALT, SOYBEAN OIL, CULTURED CORN SYRUP (TO MAINTAIN FRESHNESS), LACTIC ACID, MALTED BARLEY FLOUR, ENZYMES, ASCORBIC ACID.

TOPPING: MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, SOY LECITHIN, NATURAL BUTTER FLAVOR, ANNATTO EXTRACT COLOR, VITAMIN A PALMITATE), NATURAL FLAVOR, VEGETABLE OIL BLEND (CANOLA OIL, COTTONSEED OIL), DEHYDRATED GARLIC, DEHYDRATED PARSLEY FLAKES, LACTIC ACID.

CONTAINS: WHEAT AND SOY.