



## **#864 – 9 oz. Five Grain Italian Bread**

<b>Nutrition Facts</b>	
servings per container	
<b>Serving size</b>	<b>1/4 Roll (54g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>150</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 310mg	<b>13%</b>
<b>Total Carbohydrate</b> 29g	<b>11%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 14mg	<b>2%</b>
Iron 2mg	<b>10%</b>
Potassium 76mg	<b>2%</b>
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**INGREDIENTS:** ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), WATER, ROLLED WHEAT, YEAST, DEXTROSE, SUGAR, CRACKED WHEAT, WHOLE GRAIN BARLEY, SALT, BROWN FLAX SEEDS, RYE, OAT FLAKES, MILLET, PALM OIL, WHOLE GRAIN BROWN RICE, GUAR GUM, WHOLE GRAIN YELLOW CORN FLOUR, LACTIC ACID, NATURAL FLAVOR (CULTURED WHEAT STARCH), CELLULOSE GUM, MALTED BARLEY FLOUR, SOYBEAN OIL, ASCORBIC ACID, ENZYMES, RYE FLOUR.

CONTAINS: WHEAT.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.