

## #7830 - Five Grain Italian Bread

<b>Nutrition Facts</b>	
servings per container	
<b>Serving size</b>	<b>1/8 Bread (57g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>160</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 340mg	<b>15%</b>
<b>Total Carbohydrate</b> 30g	<b>11%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 5g	
Vitamin D 1mcg	<b>6%</b>
Calcium 13mg	<b>2%</b>
Iron 2mg	<b>10%</b>
Potassium 69mg	<b>2%</b>
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**INGREDIENTS:** ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), WATER, YEAST, DEXTROSE, SUGAR, CRACKED WHEAT, SALT, WHOLE GRAIN BARLEY, FLAX SEEDS, PALM OIL, WHOLE GRAIN RYE KERNELS, OAT FLAKES, MILLET, WHOLE GRAIN BROWN RICE, SUNFLOWER SEEDS, CELLULOSE GUM, WHOLE GRAIN YELLOW CORN FLOUR, LACTIC ACID, NATURAL FLAVOR (CULTURED WHEAT STARCH), MALTED BARLEY FLOUR, MONO- AND DIGLYCERIDES, ENZYMES, ETHOXYLATED MONO- AND DIGLYCERIDES, SOYBEAN OIL, ASCORBIC ACID, POLYSORBATE 60, RYE FLOUR.

CONTAINS: WHEAT.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.